Hello Well-Mannered Friend!

We would like you to meet Martha!

There are many things that Martha does, but apologizing isn’t one of them. We can all relate to Martha’s predicament. Sometimes it’s hard to say those three little words: I Am Sorry. But when Martha realizes that good things like piggyback rides, hugs, and cookies aren’t for people who don’t apologize, she decides it’s time to reconsider. And she reminds us that apologizing isn’t that bad. It can even be rewarding and fun.

Enclosed are some fun reproducible activity sheets that will introduce children to Martha as well as help teach them the importance of saying “I Am Sorry!”

Enjoy!
Martha wants a cookie! Since she learned to apologize, she can have one. Help Martha find her way through the maze to the cookie!
Fill in the blanks by using the words from the column on the right.

There are many things Martha does, but apologizing isn’t one of them.

She does give ________.

She does share her ____________.

She does make ____________.

She does read ____________.

But Martha doesn’t say ____________.

Sorry  hugs  stories  snacks  presents
Saying that you are sorry shows that you have good manners. There are lots of other ways to show that you have good manners as well. Draw a line to match the right phrase to each situation below.

If somebody...

Gives you a present
Sneeze
Says thank you
If you want something
If you want someone’s attention
If you do something wrong

You would say...

You’re welcome.
I’m sorry.
Bless you.
Excuse me.
Thank you.
Please.
Color Martha!
What is Martha doing? Match the images of Martha with the actions below!

Skateboarding
Singing
Karate
Eating a snack
Reading a book
Painting
Playing drums